



# Statistical Reasoning

*“The most important questions of life are, for the most part, really only problems of probability.”*  
— Pierre-Simon, Marquis de Laplace

 Statistical Reasoning Lecture #1

Alexander Savi, 2025

 Mehmetoglu & Mittner Ch. (1, 2, 3), 7

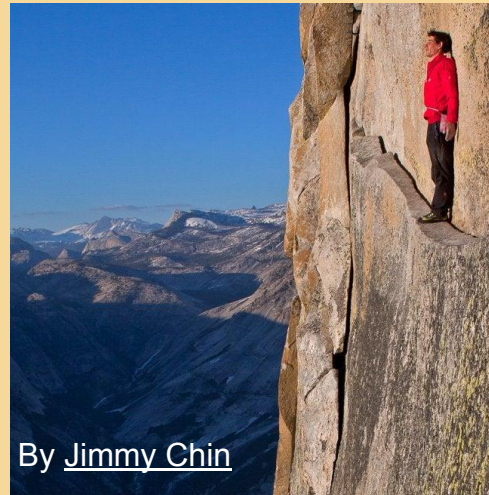
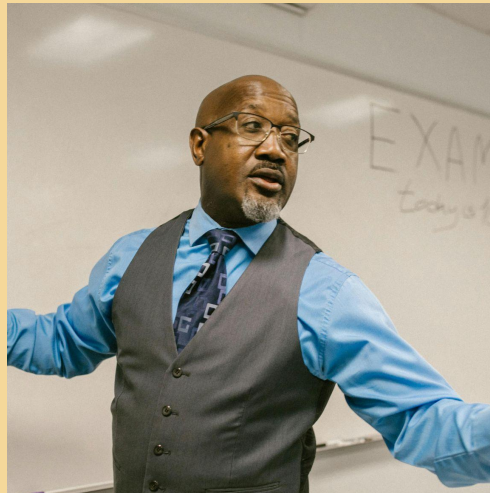
Curled by Danielle Navarro ([jasmynes package](#), [diy](#)) 

Does the unprescribed use of Ritalin (yes, no) lead to mental illnesses, such as sleeplessness and psychological dependence (yes, no)?



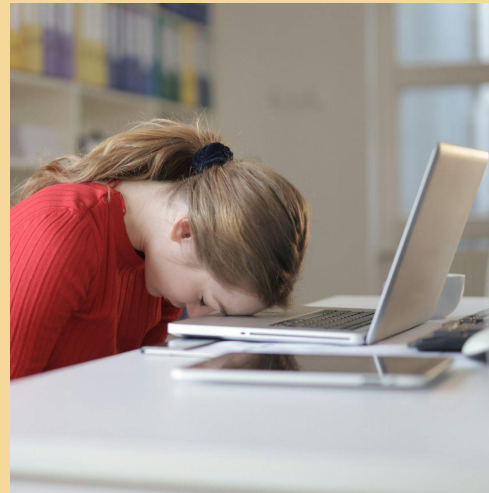
By [Bhekisisa.org](http://Bhekisisa.org)

Is there a difference in average test scores among students from different teaching methods (traditional, online, hybrid)?



By [Jimmy Chin](http://JimmyChin)

How does the amount of daily physical activity (measured in hours) predict the likelihood of experiencing anxiety symptoms (yes, no)?



What is the relationship between hours of sleep per night and cognitive function (measured by memory recall)?

# What are you supposed to know already?



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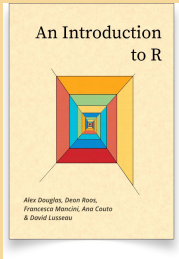
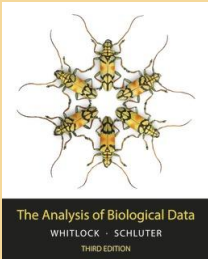
CANVAS  
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SOWISO



## Methoden van Onderzoek en Statistiek

Samples & sampling distributions

NHST

$P$  values

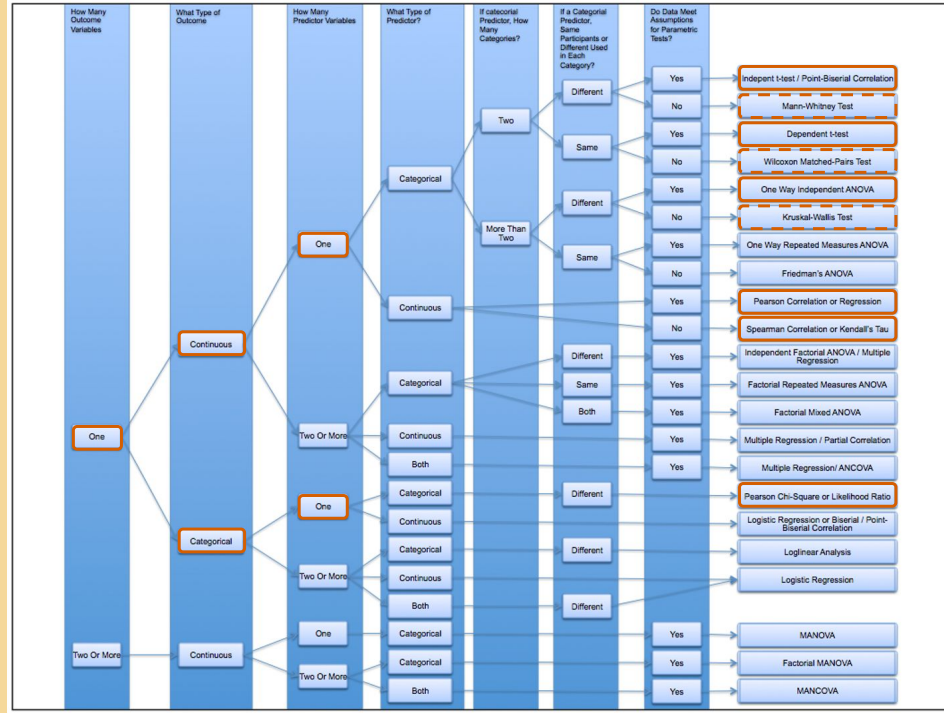
Confidence intervals

Probabilities

Bayes theorem

Test choice & research design

Data visualization



# Methoden van Onderzoek en Statistiek

## Binomial test

## Chi-squared test

## Student's $t$ -test

## One-way ANOVA

## Correlation

## Simple linear regression

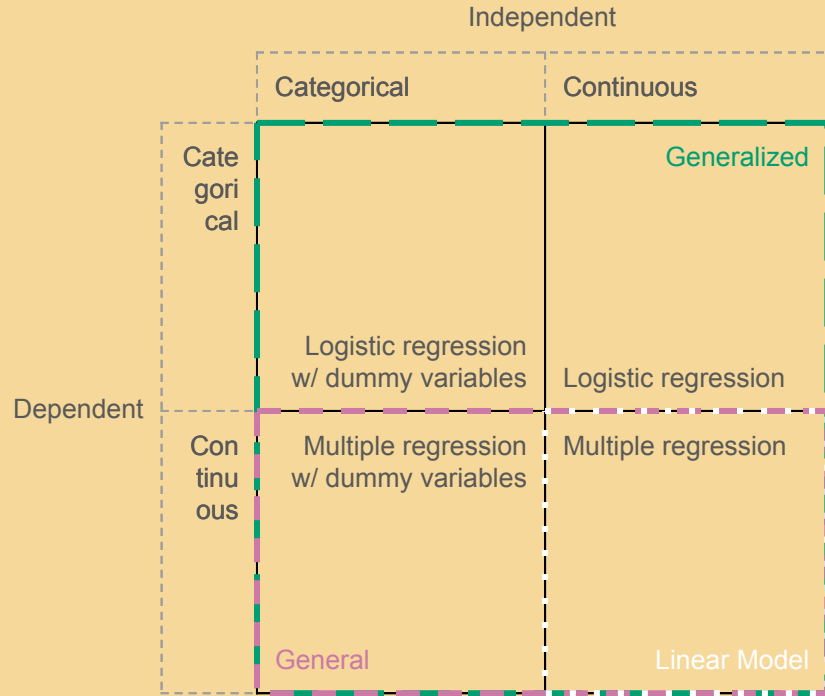
## Some nonparametric alternatives

# How do we go from here?

		Independent	
		Categorical	Continuous
Dependent	Categorical	Chi-squared test	
	Continuous	Student's <i>t</i> test One-way ANOVA Factorial ANOVA	Simple regression Multiple regression

- From one predictor to multiple predictors

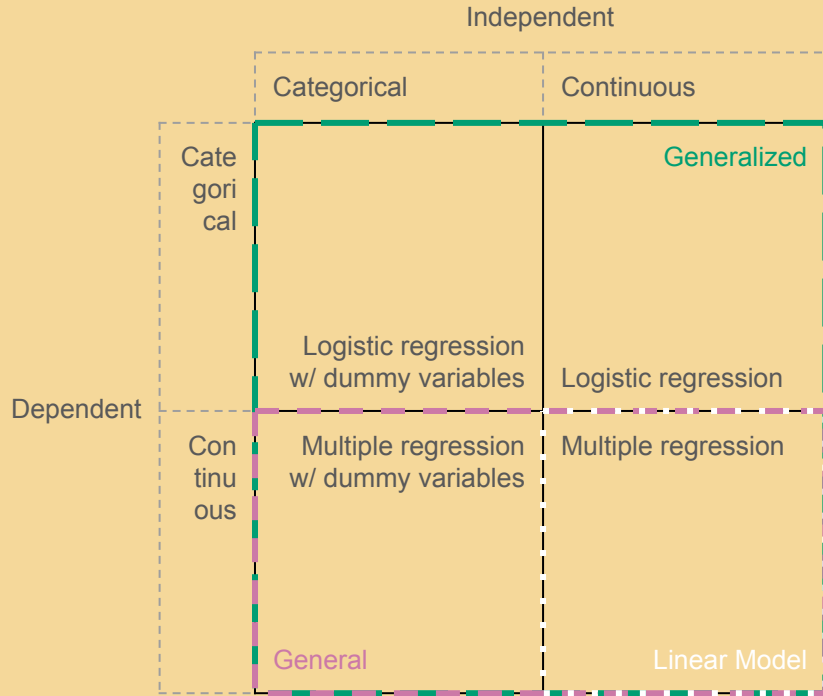
# How do we go from here?



- ❑ From one predictor to multiple predictors
- ❑ From a toolbox to a multitool (“Swiss Army knife”)



# How do we go from here?



- From one predictor to multiple predictors
- From a toolbox to a multitool
- Hierarchical data analysis

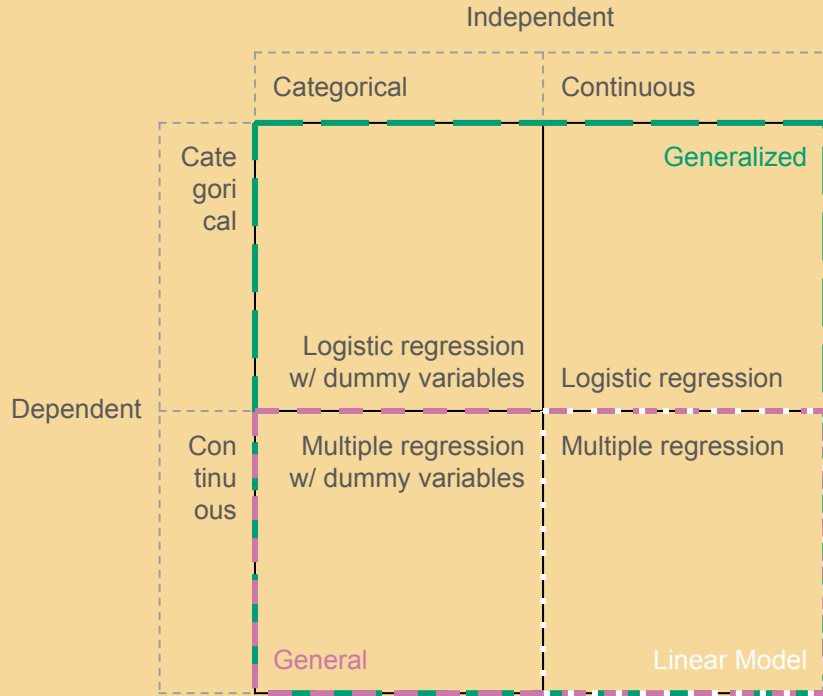
Independent data



Dependent data



# How do we go from here?



- ❑ From one predictor to multiple predictors
- ❑ From a toolbox to a multitool
- ❑ Hierarchical data analysis
- ❑ Bayesian inference (vs. frequentist inference)



# How do we go from here?



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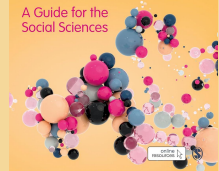


SOWISO

Mehmet Mehmetoglu • Matthias Mittner

APPLIED  
STATISTICS  
USING R

A Guide for the  
Social Sciences



Created with R package [ggfx](#)

Knowledge and skills in statistical reasoning and inference.

- Conceptual understanding of statistical inference (frequentist, Bayesian and non-parametric statistics)
- Match statistical test to research design (and vice versa)
- Perform statistical tests with R
- Interpret test results from R

Foundation for follow-up courses (e.g., *Experimentation Year 2*) and independent learning.

# Why should you (not) trust me?

## Me

- ❑ Assistant Professor in Psychological Methods
- ❑ Not a statistician (but well-connected)

## Book

- ❑ Written by experts (see “About the Authors”)
- ❑ Recently written (pros and cons)
- ❑ Supported by evidence (see “Bibliography”)
- ❑ Well-reviewed by experts (see [reviews](#))

## Purpose

- ❑ See “How can you benefit...”
- ❑ No hidden agenda



By [Frederick Burr Opper \(1894\)](#)

# The wiring of intelligence

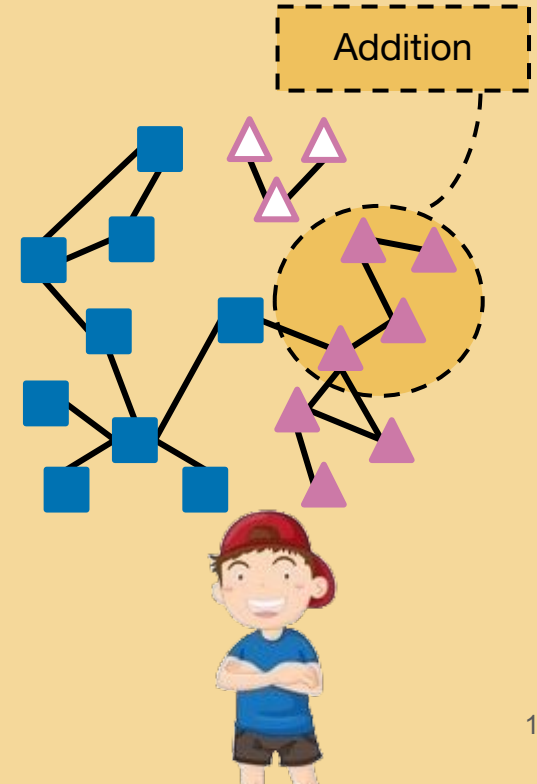
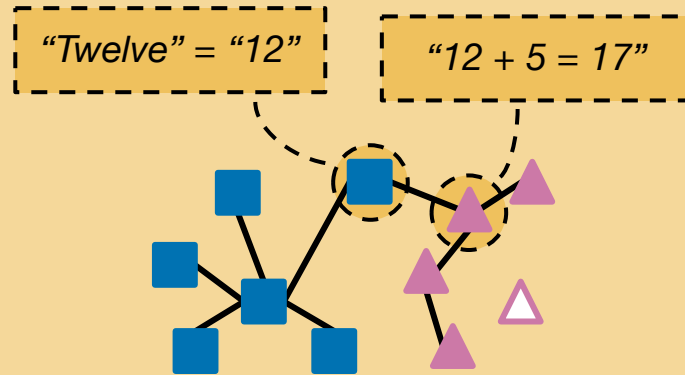
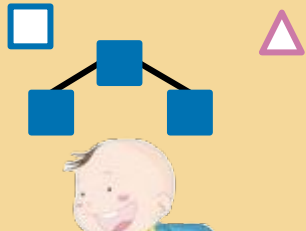
 [Savi et al., 2019](#)

 Incorrect

 Correct

 Language

 Arithmetic



# How can you benefit the most from this course?

- ❑ Learn key abilities for future projects and your thesis
  - ❑ What are the type of questions I'll be able to answer?
  - ❑ What does it take to formulate a statistically sound answer to that question?
- ❑ Expand your critical thinking skills
  - ❑ How does knowledge come about?
  - ❑ How can I judge knowledge using my statistical reasoning skills?
- ❑ Understand some of the basics of AI
- ❑ *Anything we should add?*

**Make it relevant.** What is most relevant for you?

# Today

## Topics

Statistical reasoning with GLM

|  Simple linear regression

|     Simulation superpower

|  Frequentist inference

|     Course overview & organization

Multiple linear regression

Dummy-variable regression

Logistic regression

Multilevel and longitudinal analysis

Bayesian statistics

## Learning goals

Revisit simple linear regression, which is at the core of this course.

Get acquainted with statistical simulations and see how they can help elucidate statistical concepts.

Revisit some of the concepts of MvO1.

# Simple linear regression

# IJskoud de Beste

Joop

*Can I use the weather forecast to predict the amount of ice cream to make?*

*What is the relationship between temperature and ice cream sales?*

Me

temperature

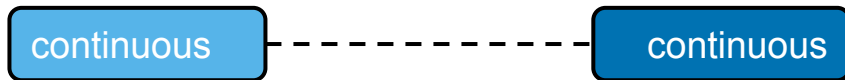
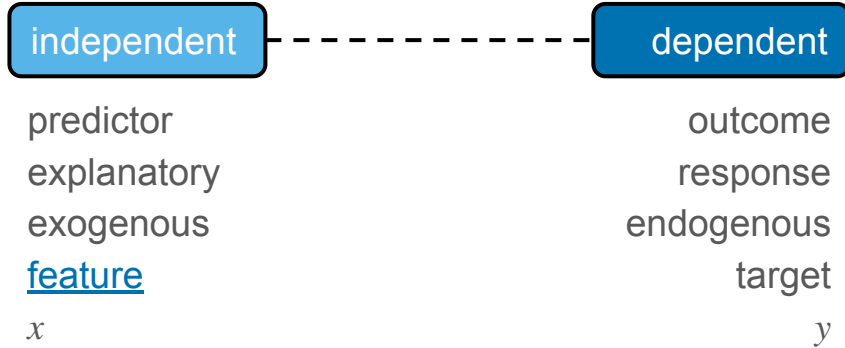
sales



Photo by IJskoud de Beste

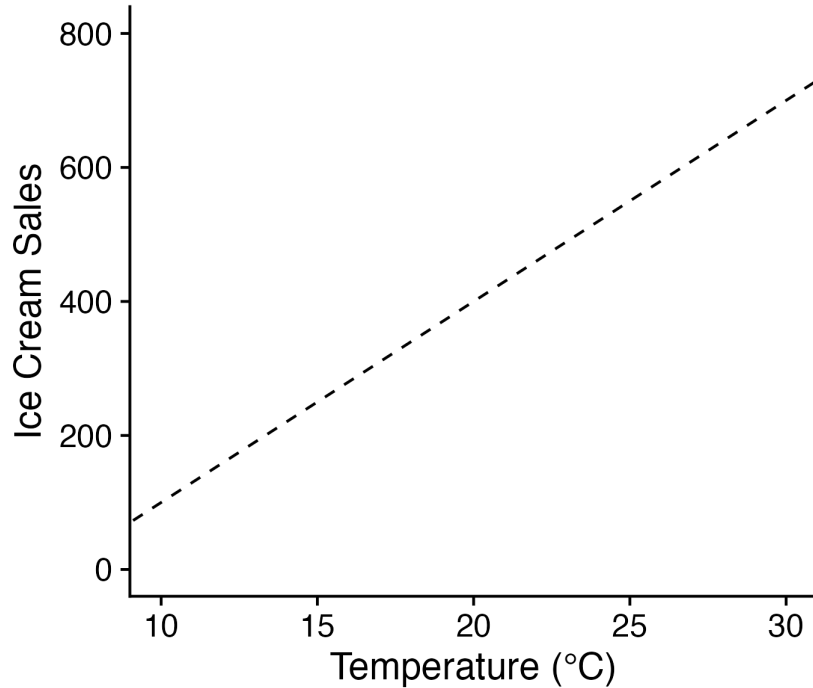


# Conceptual model | Relationships between variables



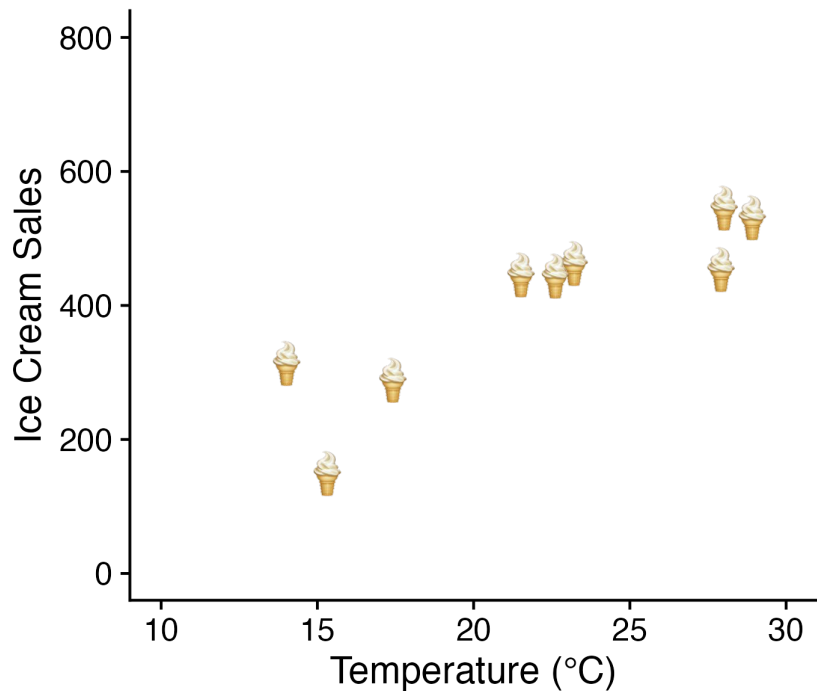
		Independent	
		Categorical	Continuous
Dependent	Cate gori cal		
	Con tinu ous		Simple regression

# Functional form | Linear relationships between variables



$$\text{Sales} = -200 + 30 \text{ Temperature}$$

# Data collection

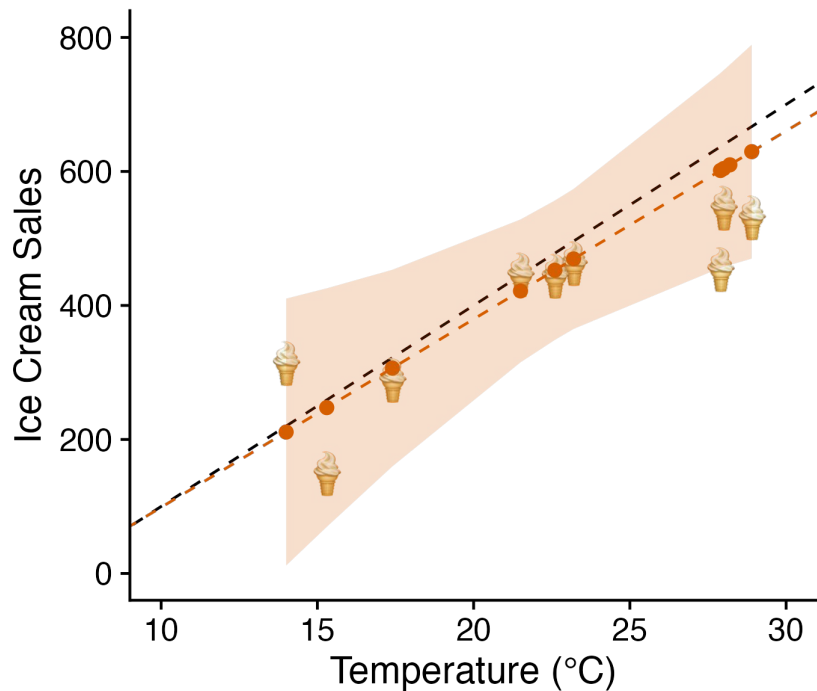


```
ice_cream_data <- tibble::tribble(  
  ~temperature, ~ice_cream_sales,  
  27.9, 452,  
  15.3, 148,  
  17.4, 287,  
  21.5, 444,  
  28.2, 935,  
  14, 312,  
  28, 544,  
  28.9, 529,  
  23.2, 461,  
  22.6, 442)
```

$$\text{ice\_cream\_sales} = \alpha + \beta_1(\text{temperature}) + \epsilon$$

```
mod <- ice_cream_sales ~ temperature # y ~ x
```

# Modeling | Linear regression



```
fit <- lm(mod, data = ice_cream_data)
summary(fit); confint(fit, level = .95)
```

Call:

```
lm(formula = model, data = data)
```

Residuals:

Min	1Q	Median	3Q	Max
-149.46	-89.73	-15.06	14.62	325.12

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	-182.199	197.447	-0.923	0.3831
temperature	28.088	8.468	3.317	0.0106 *

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 142.7 on 8 degrees of freedom

Multiple R-squared: 0.579, Adjusted R-squared: 0.5264

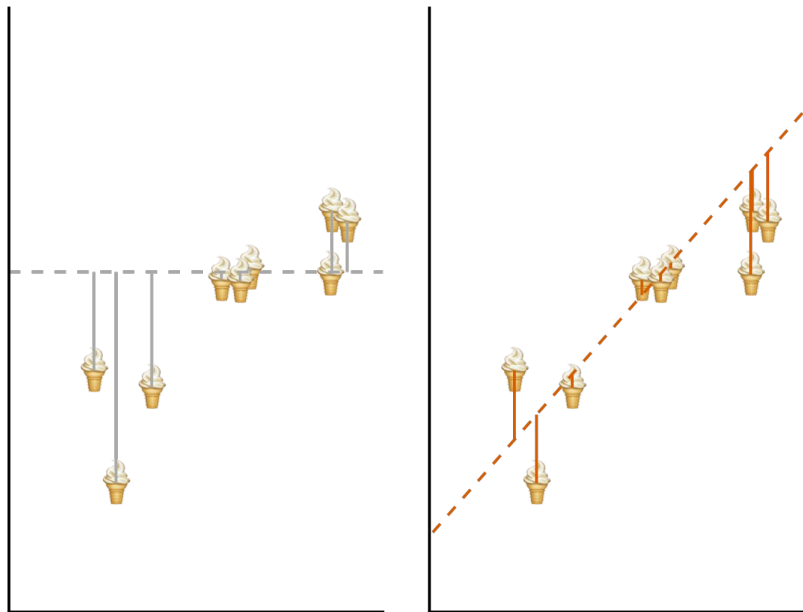
F-statistic: 11 on 1 and 8 DF, p-value: 0.01059

For every °C increase, sales increase on average with 9 to 48 ice creams.

$$\widehat{\text{ice\_cream\_sales}} = -182.2 + 28.09(\text{temperature})$$

# Modeling | Ordinary least squares

Residual SS ( $\beta_1 = 0$ )    Residual SS ( $\beta_1 = 28$ )



Objective: minimize residual sums of squares (RSS)

Baseline RSS  $Sales_i = \beta_0 + e_i$ : 387052.4

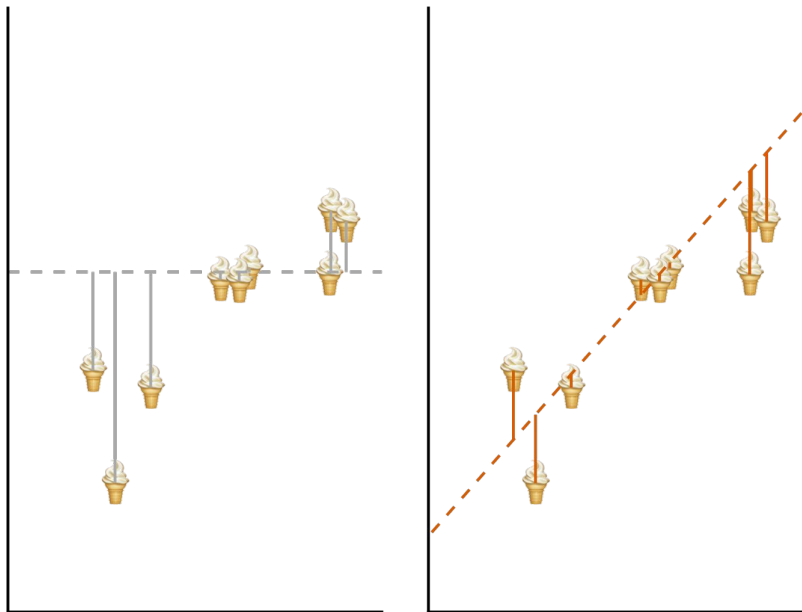
Model RSS  $Sales_i = \beta_0 + \beta_1 Temperature_i + e_i$ : 162946

```
mod_baseline <- ice_cream_sales ~ 1
fit_baseline <- lm(mod_baseline, data = data)
summary(fit_baseline)

deviance(fit)
deviance(fit_baseline)
```

# Evaluation | How well does the model describe the data?

Residual SS ( $\beta_1 = 0$ )    Residual SS ( $\beta_1 = 28$ )



On average, how far off is my regression estimate from the observed values?

*Standard deviation of the residuals, or root mean squared error (RMSE):  $\sqrt{(RSS / (n - K))}$*

Model RMSE: 142.717 ice creams off

Is this good or bad?

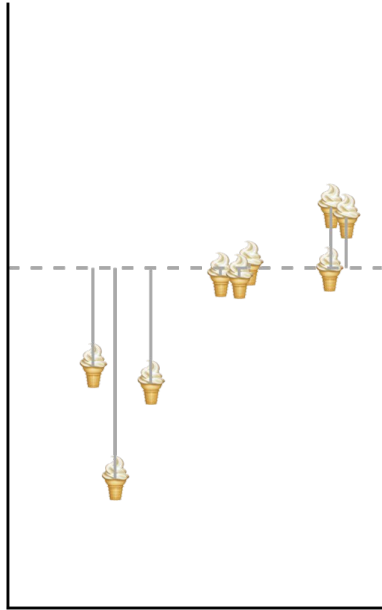
Baseline RMSE: 207.379

Still, is it good or bad? Prediction!

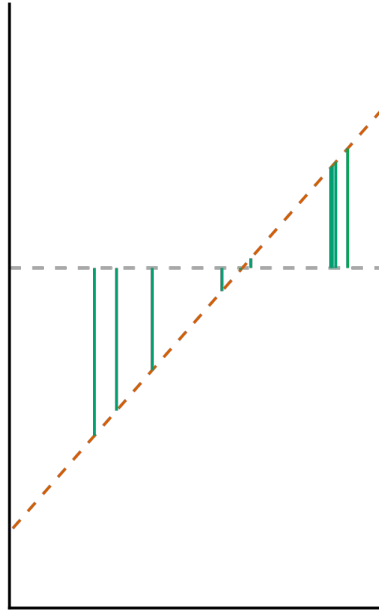
```
summary(fit)$sigma  
summary(fit_baseline)$sigma
```

# Evaluation | How well does the model describe the data?

Total SS



Explained SS



What is the proportion of variance shared by the data and the model?

*Coefficient of determination ( $R^2$ ), or 'explained' variance:  $ESS / TSS$*

Model  $R^2$ : 0.579

58% of variation in sales is shared with the model (i.e., temperature)

$R^2 = 1$  (model fits data perfectly)

$R^2 = 0$  (model doesn't do better than mean)

```
summary_fit$r.squared
```



# Evaluation | Is the relationship statistically significant?

Global significance (full model):  $F$  test

$$H_0: R^2 = 0$$

$$H_1: R^2 = 0.579 \text{ (fitted } R^2)$$

See next lectures.

Local significance (one coefficient):  $t$  value

$$H_0: \beta_1 = 0$$

$$H_1: \beta_1 = 28.088 \text{ (fitted } \beta_1)$$

See simulation superpower.

💡 Compute  $t$ -statistic for  $\beta_1$  (same procedure as for the mean):  $t = (28.088 - 0) / 8.468 = 3.317$

# Evaluation | What is the size of the effect?

## Global effect size (full model)

$R^2$  (correlation family, variance explained)

- ❑  $R^2 \geq .02$  weak; .13 moderate; .26 substantial; Cohen (1988)

Cohen's  $f^2$  (correlation family, variance explained)

- ❑  $f^2 = R^2 / (1 - R^2) = \text{explained} / \text{unexplained}$
- ❑  $f^2 \geq .02$  small; .15 medium; .35 large; Cohen (1988)

## Local effect size (one coefficient)

Cohen's  $f^2$  (correlation family, variance explained)

- ❑  $f^2 = (R^2_{AB} - R^2_A) / (1 - R^2_{AB})$

# Evaluation | Sign, size, significance, smelt

💡 For every °C increase, sales increase on average with 9 to 48 ice creams.

💡 On average, the model estimate is 142.717 ice creams off from the observed values.

💡 58% of variation in sales can be attributed to the model;  $F(1, 8) = 11.003$ ,  $p = .011$  (alpha = .05).

💡 The slope of temperature differed significantly from zero;  $t(8) = 3.50$ ,  $p = .011$  (two-tailed, alpha = .05).

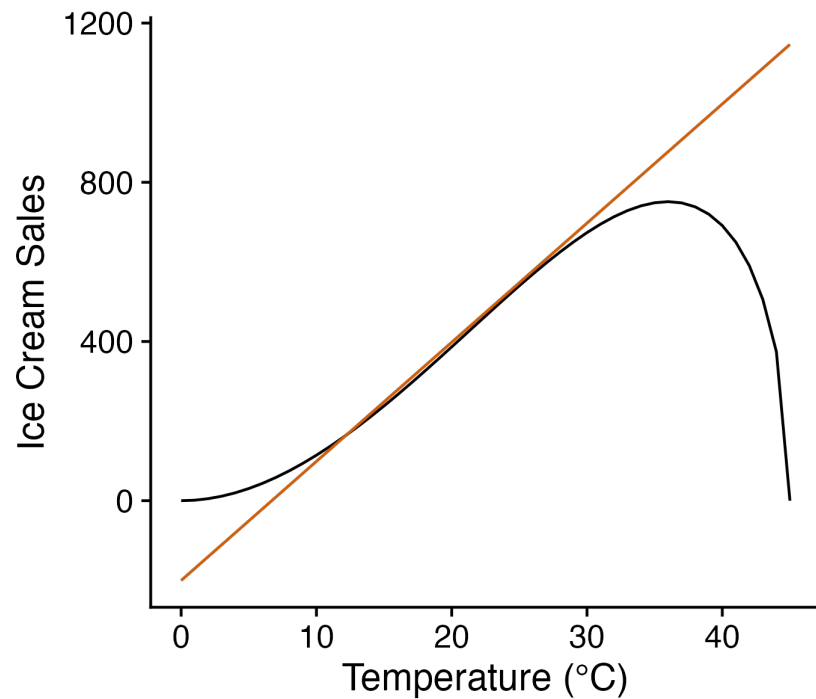
💡 Effect size  $f^2$  is 1.375, which is considered large (Cohen, 1988).



# Prediction

- ❑ Linearity assumption
- ❑ Evaluate model on new data

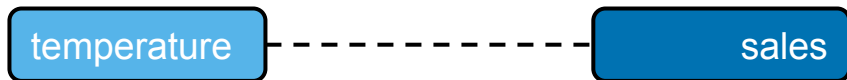
```
new_data <- tibble(temperature = c(-10, 0, 10, 20,  
30, 100))  
predict(fit, newdata = new_data)
```



# Model thinking

*What is the relationship between temperature and ice cream sales?*

## Conceptual model



## Linear regression equation

$$Sales_i = \beta_0 + \beta_1 Temperature_i + e$$

## R formula

```
mod <- ice_cream_sales ~ temperature
```

# Simulation Superpower



*Curled by Danielle Navarro ([jasmynes package](#), [diy](#)) 🎨*

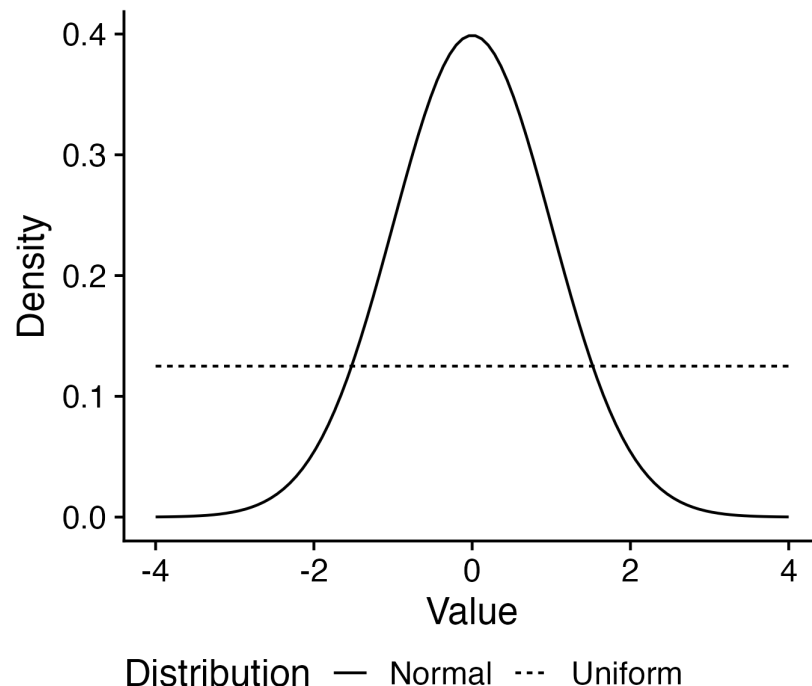
# Simulation #1 | Ice cream data

```
set.seed(0)

n <- 10
temperature <- runif(n = n, min = 10, max = 30)

intercept <- -200
slope <- 30
noise_sd <- 120
ice_cream_sales <- intercept + slope *
  temperature + rnorm(n = n, mean = 0, sd =
    noise_sd)

data <- tibble(temperature,
  ice_cream_sales)
```

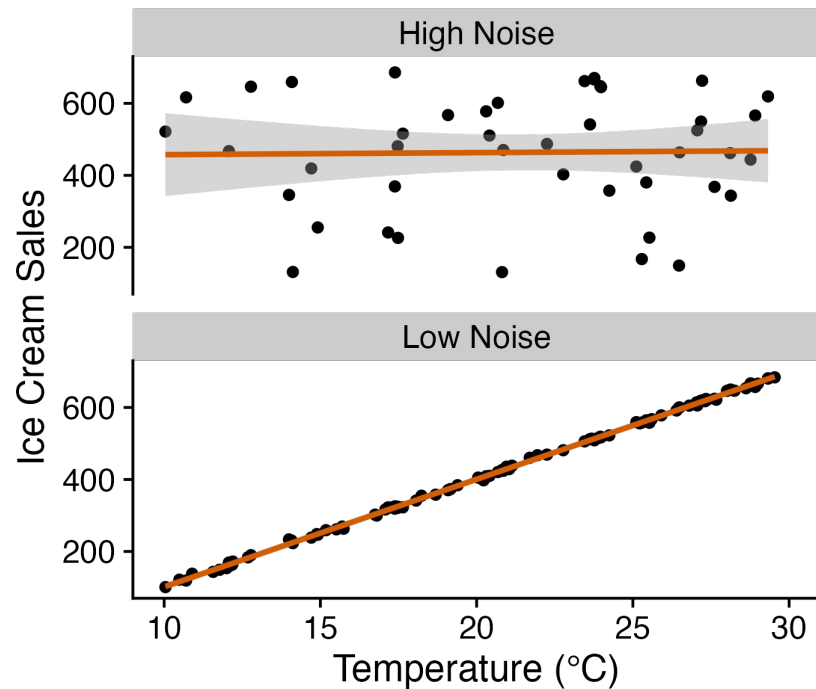




## Simulation #2 | High noise, low noise

```
noise_sd_low <- 5
ice_cream_sales_sd_low <- intercept +
slope * temperature + rnorm(n = n, mean =
0, sd = noise_sd_high)

noise_sd_high <- 500
ice_cream_sales_sd_high <- intercept +
slope * temperature + rnorm(n = n, mean =
0, sd = noise_sd_high)
```



## Simulation #3 | Frequentist inference (NHST)

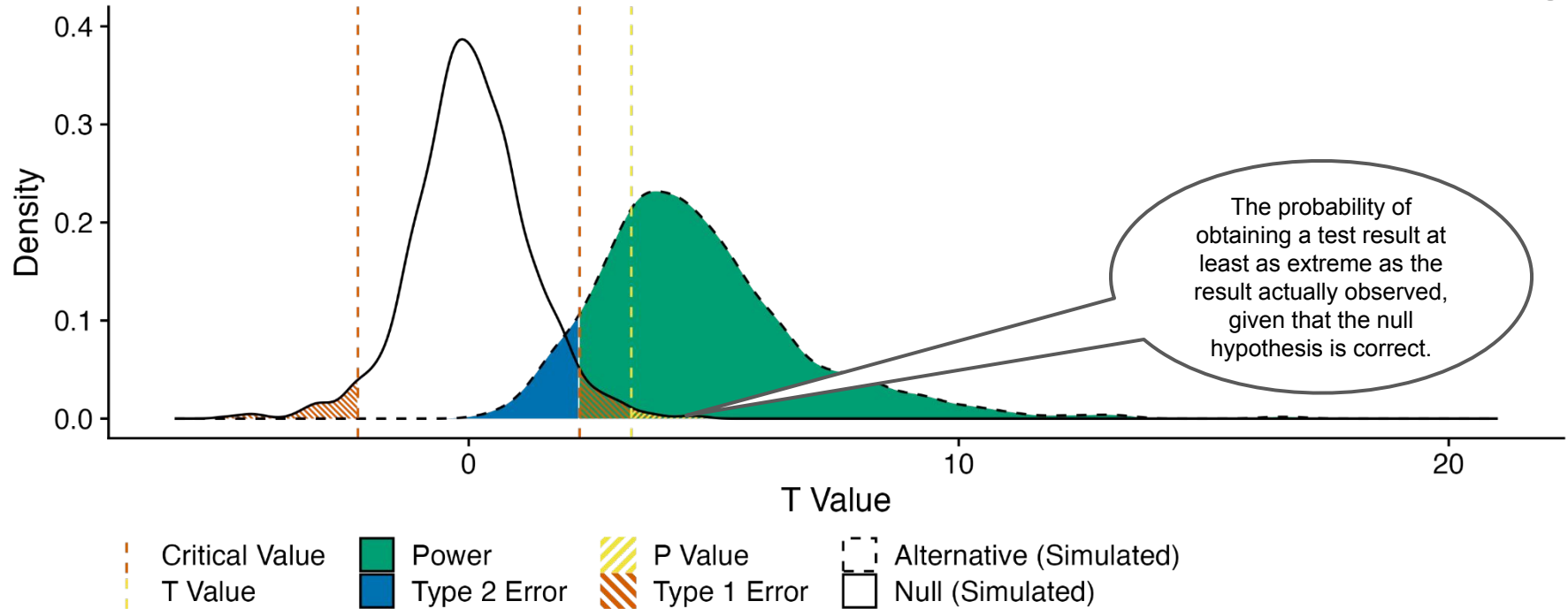
```
n_sim <- 1000
slope_null <- 0
slope_alt <- slope

null_t_stats <- numeric(n_sim)
for (i in 1:n_sim) {
  obs_temperature <- runif(n = n, min = 10, max = 30)
  ice_cream_sales <- intercept + slope_null * obs_temperature
  noise <- rnorm(n = n, mean = 0, sd = noise_sd)

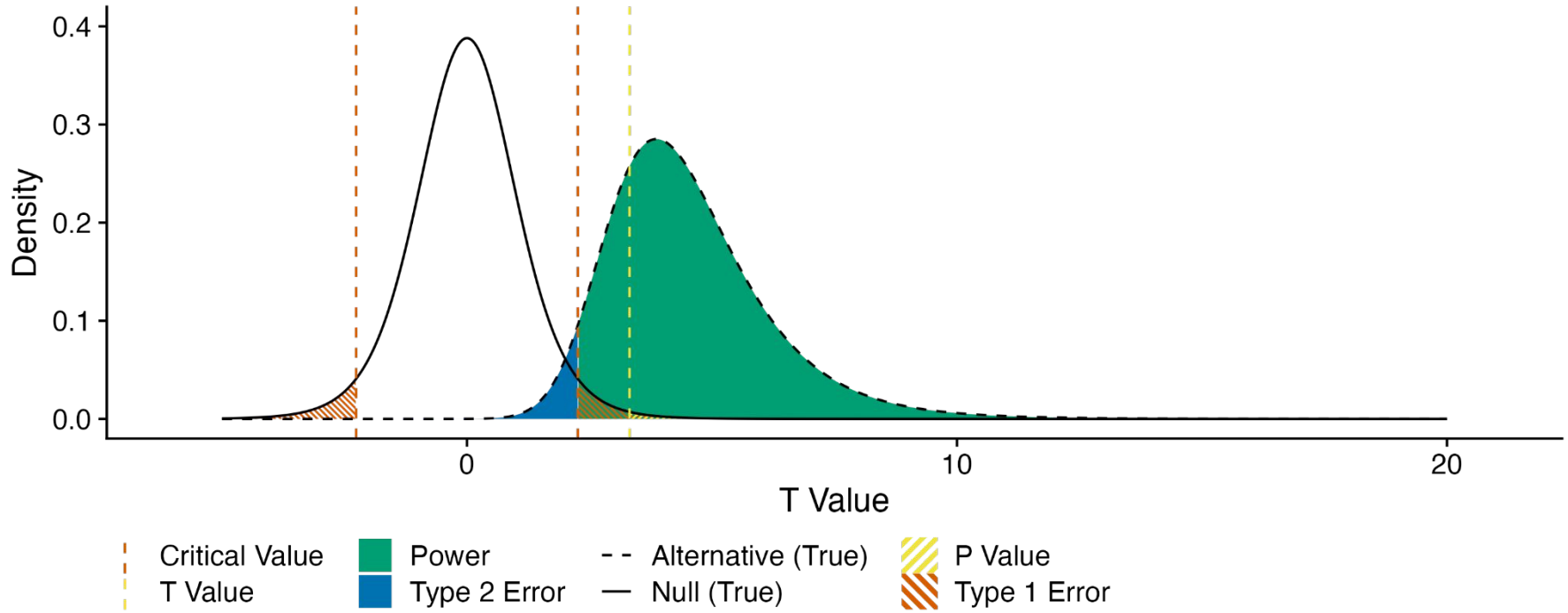
  data <- tibble(
    temperature = obs_temperature,
    sales = ice_cream_sales + noise)

  fit <- lm(sales ~ temperature, data = data)
  null_t_stats[i] <- summary(fit)$coefficients[2, "t value"]
}
```

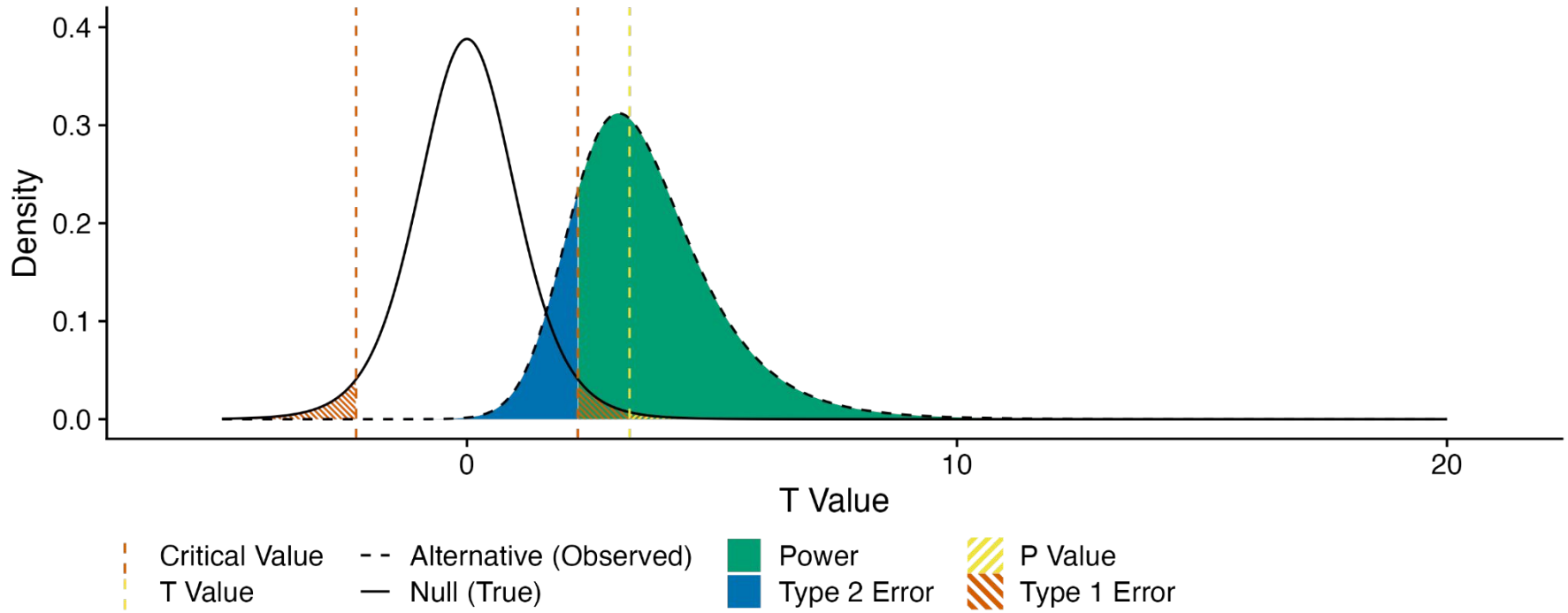
# Simulated densities



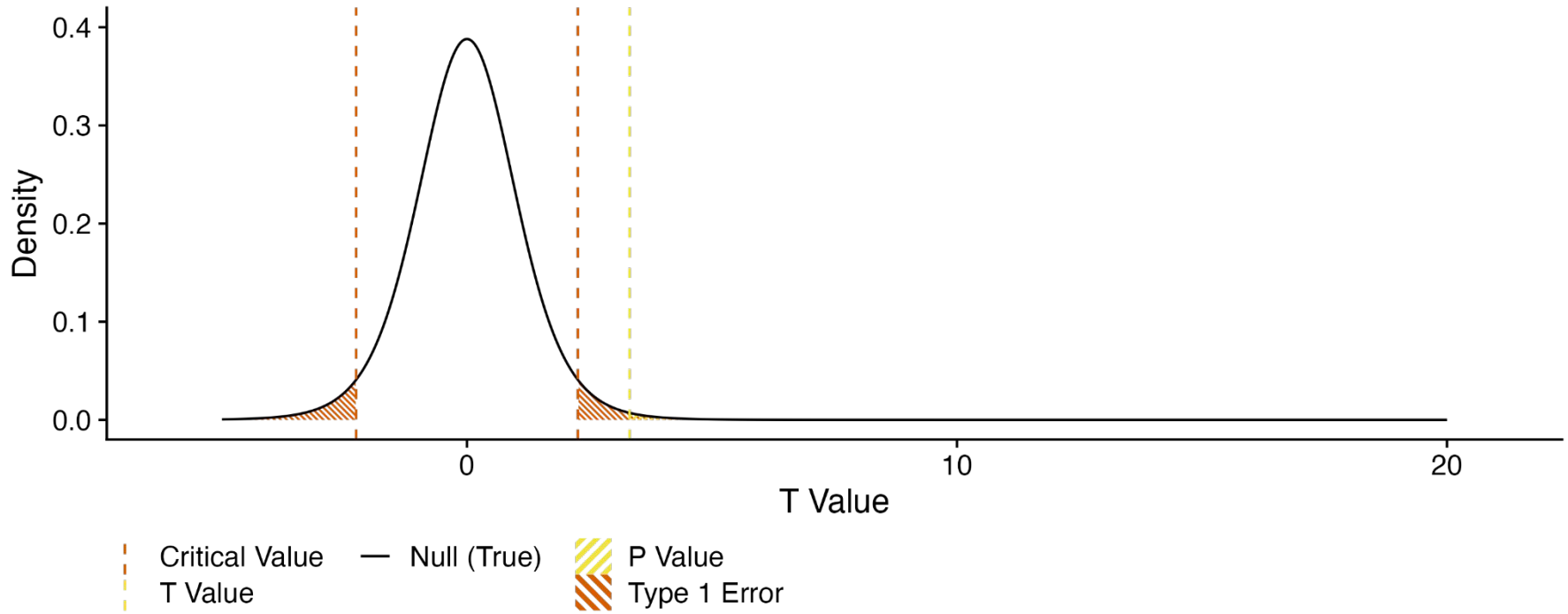
# True densities



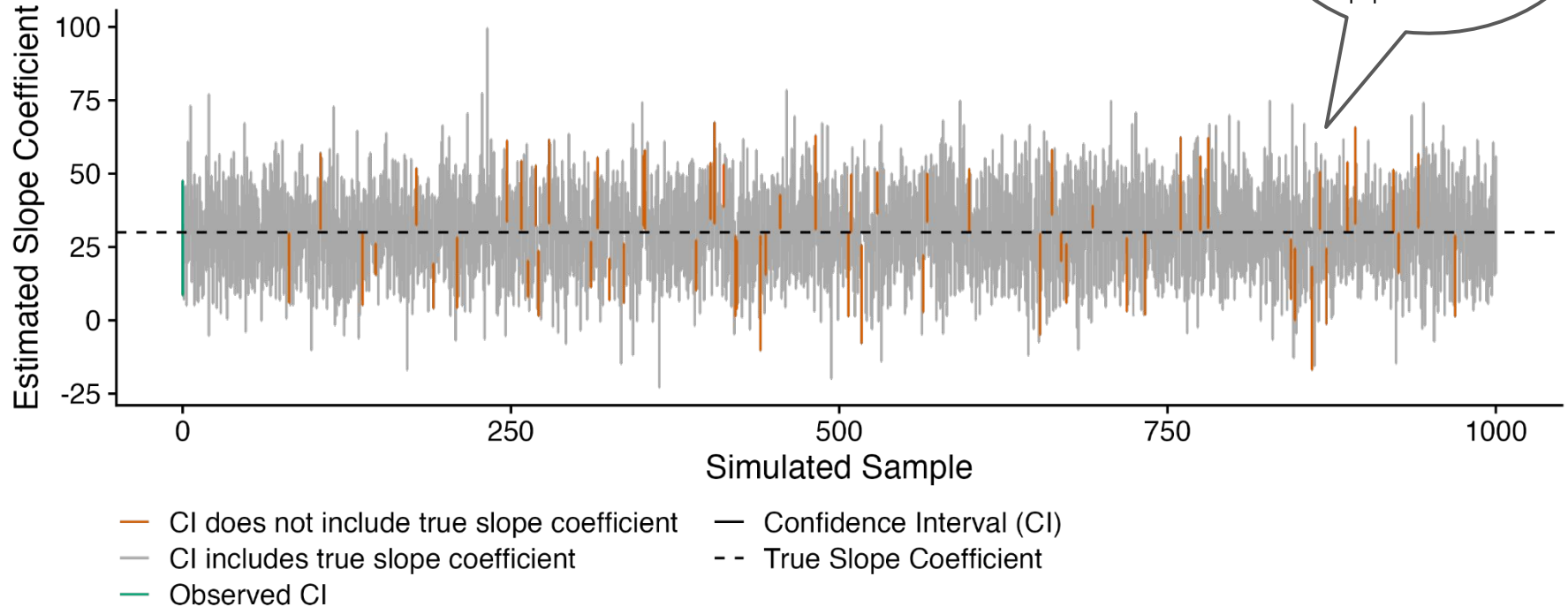
# Observed densities




# NHST in practice



# Confidence interval



# Introduction to R

*Curled* by Danielle Navarro ([jasmynes package](#), [diy](#)) 



# Best practices

- ❑ Create a [new project](#) for this course
- ❑ Use scripts and save regularly
  - ❑ .R
  - ❑ .Rmd ([R Markdown](#))
  - ❑ .qmd ([Quarto](#))
- ❑ Use [comments](#) excessively
- ❑ Clear history
- ❑ Understand pipes
  - ❑ `function(function(x))`
  - ❑ `function(x) |> function()`
  - ❑ `function(x) %>% function()`

# Course

## Overview & organization

# Book

## Applied Statistics Using R

- ❑ Builds on Chapter 18 of Whitlock & Schluter (where you left last year)
- ❑ Includes R examples for both frequentist and Bayesian analyses
- ❑ Not only for social sciences
- ❑ Check the [online resources](#)
- ❑ Don't pay more than 40 euro
- ❑ Rent or buy eBook: [VitalSource](#) (PayPal/creditcard only)
- ❑ Use it as a reference during the the remainder of your study

## Active reading

- Use [skimming](#) for some chapters, so you can scan them when there's something you really need to know.
- Use [intensive reading](#) (or 'study') for others (check online resources for executing R code).

Prepare the literature before the start of the week.



# What will this course add?

Week	Topic	Literature	
		Skimming (R Programming)	Intensive reading (Statistical Inference)
1	Statistical reasoning with GLM	<i>Revisit Chapter 18 from Whitlock &amp; Schluter.</i> Preface and Chapter 1, 2, 3.	Preface sections “How To Use This Book” and “Regression Approach to ANOVA”. Chapter 7.
2	Multiple linear regression	Chapter 4, 5.	Chapter 8, 10.1, 10.2, 10.4, 10.7.
3	Dummy-variable regression	Chapter 6.	Chapter 9, 10.3, 10.5, 10.6.
4	Logistic regression		Chapter 11.
5	Multilevel and longitudinal analysis		Chapter 12.
6	Bayesian statistics		Chapter 15.
7	Surprise		

# Weekly assignments

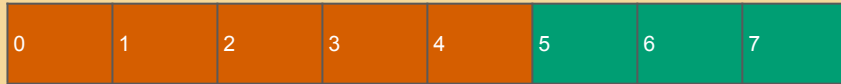
Assignment sufficient, if at least 80% correct



% correct response

effort counts!

Pass weekly assignment requisite, if at least 5 sufficient



# sufficient assignments

Catch-up insufficient assignments after exam



<sup>1</sup>if exam/retake grade is sufficient

<sup>2</sup>you must contact Alexander & Jonas to participate

Online consultation (drop-in):  
every Wednesday 11:00–12:00

## I. Attempt problem independently

- Consult official resources (literature, lectures)
- This is what will be examined

## II. Consult fellow students or teachers

- Collaborate and discuss with peers
- Attend lecture & ask questions
- Join the weekly drop-in consultation
- Active engagement will increase your success

## III. Use [UvA AI chat](#)\* responsibly

- Only if I & II are satisfied
- Treat as a coach, not as a solver
- Verify and reflect, beware of plagiarism
- Prediction ≠ intelligence

\* Available this academic year

# Module organization\*

(\*course manual is leading)

## Team

- ❑ Alexander Savi (lecturer, coordinator)
- ❑ Jonas van Nijnatten (assignments, co-coordinator)
- ❑ Sytske Schep and Tim Vervenne (teaching assistants)

## Contact

- ❑ General: during lectures and through [psychobiologiejaar2-science@uva.nl](mailto:psychobiologiejaar2-science@uva.nl).
- ❑ Statistical reasoning: during lectures.
- ❑ Weekly assignments: during walk-in consultation hours.

## Assignments (formative)

- ❑ Weekly, sufficient/insufficient, deadline every Sunday 23:55 (correct answers available after deadline)
- ❑ Pass with 5/7 sufficient assignments
- ❑ 3 attempts per assignment, 2 prior checks per attempt
- ❑ ~~Exemption for recidivists (if previously sufficient)~~ brand new topics!
- ❑ Use decimal *points* (.)

## Exam (summative)

- ❑ 80% of final grade ( $\frac{5}{8}$  SR,  $\frac{3}{8}$  PhS)
- ❑ SR digital open book (PhS *not* open book)

# Cooling Down

*Curled by Danielle Navarro ([jasmynes package](#), [diy](#))* 🍷





# Takeaways



Illustration by [Zach Weinersmith](#)

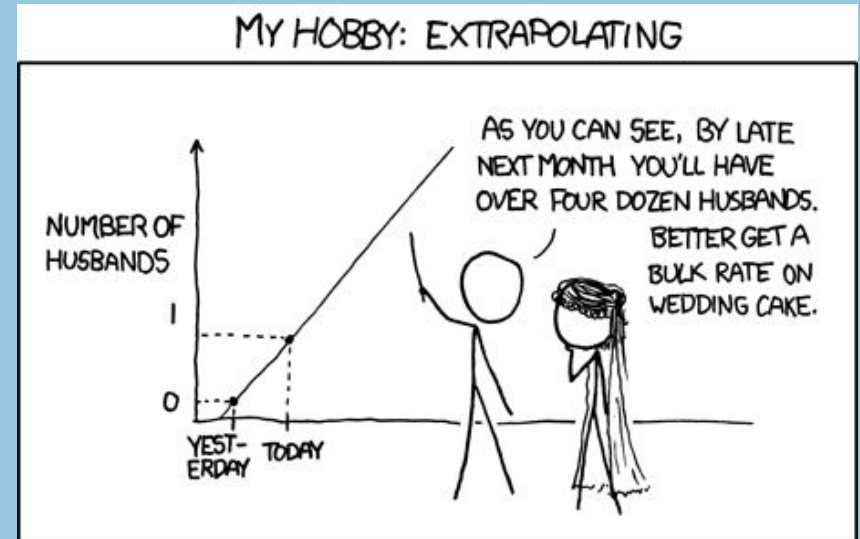


Illustration by [Randall Munroe](#) ([wtf](#))





# Takeaways

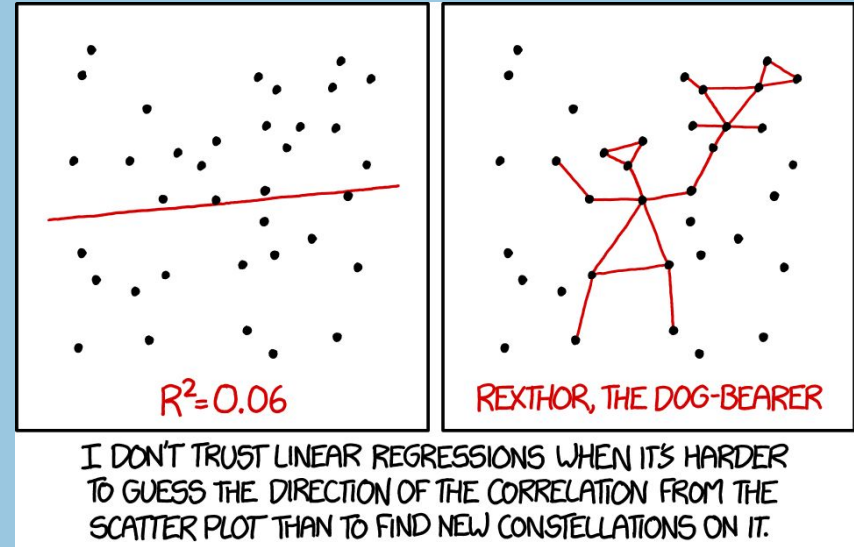


Illustration by [Randall Munroe](#) ([wtf](#))



# Takeaways

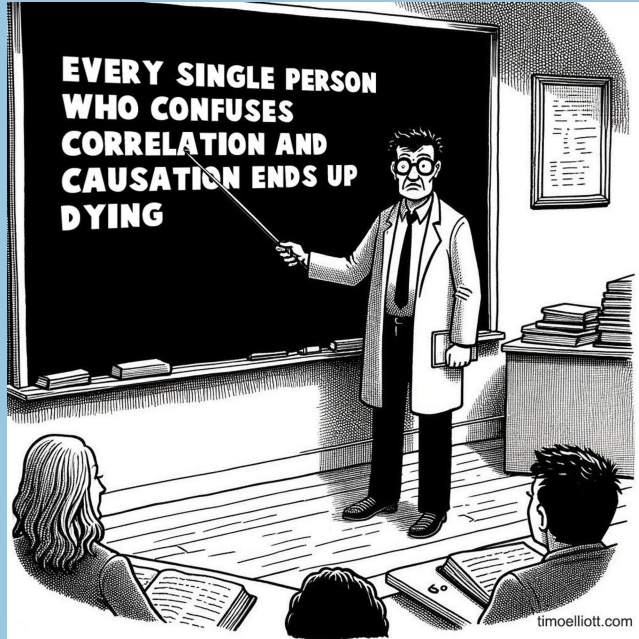


Illustration by Timo Elliott

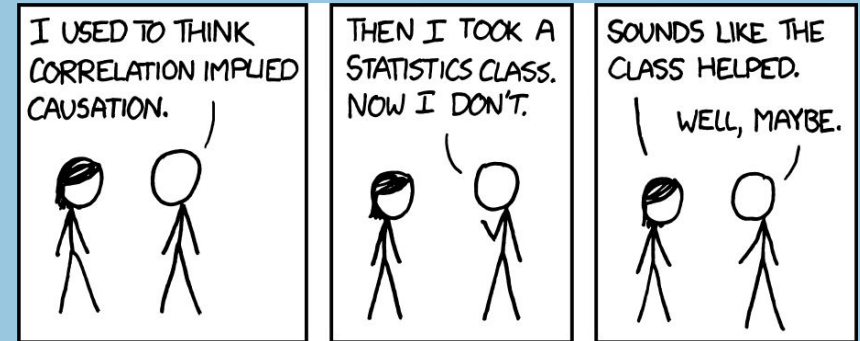


Illustration by [Randall Munroe](#) ([wtf](#))



# Don't look here!

Show the distribution of  $p$ -values when the null-hypothesis is true (e.g., two samples come from the same population).

*Additional challenge I: what happens to the distribution if the null hypothesis is false?*

*Additional challenge II: argue why the distribution in the comic would be problematic.*

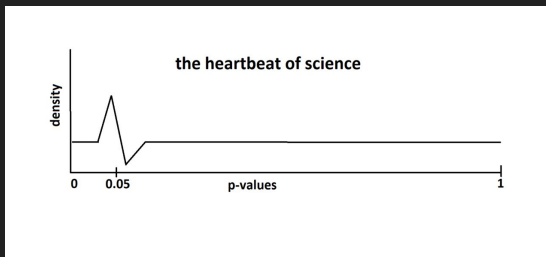


Illustration by František Bartoš

**Hints** (select and copy/paste the invisible text below to reveal it)

0.

1.

2.

3.



# Colophon

## Slides

[alexandersavi.nl/teaching/](https://alexandersavi.nl/teaching/)

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